

Essential Shiatsu Essential Shiatsu For Troubled Times



Essential Shiatsu Essential Shiatsu For

Essential Shiatsu: Essential Shiatsu for Troubled Times [Yuichi Kawada, Stephen Karcher] on Amazon.com. *FREE* shipping on qualifying offers. Shiatsu is the ancient Japanese art of finger pressure massage and, just like acupuncture, it aims to identify and treat the 8 meridians of the human body by applying pressure and stimulation in order to treat a wide variety of human ailments and lethargies.

Essential Shiatsu: Essential Shiatsu for Troubled Times ...

In Essential Shiatsu, experienced Shiatsu master Yuichi Kawada brings this ancient art up-to-date and fully explains and Shiatsu is the ancient Japanese art of finger pressure massage and, just like acupuncture, it aims to identify and treat the eight meridians of the human body by applying pressure and stimulation to treat a wide variety of human ...

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Today, the Shiatsu Massage is, in fact, just one out of a large assortment of Japanese massage methods known as Nihon Kaifuku Anma. The Shiatsu Massage is the best known among them all and the one most often used in Japan and elsewhere around the world.

The Shiatsu Massage - The Essential Healing Touch

Overview. Shiatsu is the ancient Japanese art of finger pressure massage and, just like acupuncture, it aims to identify and treat the eight meridians of the human body by applying pressure and stimulation to treat a wide variety of human ailments and lethargies. In Essential Shiatsu, experienced Shiatsu master Yuichi Kawada brings this ancient art...

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